

Tabell1

Råda prova-på-triathlon, maj 2018 (20180529)

Nummer	Efternamn	Förnamn	Bana	Totaltid	Tid simning+T1	Tid cykling+T2	Löpning varv1	Löpning varv2
1001	Larsson	Bengt-Inge	Long	01:24:29	00:26:52	00:42:02	00:14:59	00:15:34
1002	KOSSENJANS	MICHAEL	Long	01:07:05	00:18:37	00:36:40	00:11:07	00:11:48
1003	BROMS	DAVID	Long	00:55:40	00:13:41	00:32:49	00:09:16	00:09:09
1004	PERSSON	JONAS	Long	00:55:25	00:14:56	00:29:55	00:10:15	00:10:33
1005	Gustafsson	Filippa	Long	01:10:36	00:18:27	00:39:46	00:12:07	00:12:22
1006	Sjöstrand	Hans	Long	01:12:31	00:20:29	00:39:24	00:12:22	00:12:37
1007	Björn	Anna	Long	01:33:18	00:28:17	00:48:24	00:13:09	00:16:36
1008	Ericson	Ann-Catherine	Long	01:13:00	00:18:25	00:40:37	00:13:08	00:13:57
1009	Löfstrand	Christian	Long	00:59:28	00:15:32	00:32:30	00:10:59	00:11:25
1010	Cox	Rhona	Long	01:27:17	00:22:56	00:48:24	00:15:11	00:15:56
1011	Hedenlo	Madeleine	Long	00:45:04	00:06:21	00:25:00	00:13:42	
1013	Lilja	Adam	Long	01:12:41	00:22:27	00:40:16	00:09:46	00:09:56
1016	Holmberg	Per	Long	01:02:00		00:29:32	00:10:10	00:10:34
1017	Van gysel	Eric	Long	01:08:07	00:18:51	00:36:01	00:12:27	00:13:03
1018	Sangeus	Mathias	Long	00:35:59	00:05:12	00:19:48	00:10:58	
1020	Jonasson	Susanne	Long	01:06:31	00:25:16	00:27:57	00:13:20	00:13:18
1021	Svensson	Jonas	Long	01:14:41	00:21:00	00:40:53	00:12:49	00:12:48
1022	Mattsson	Magnus	Long	01:11:32	00:21:44	00:37:57	00:11:22	00:11:49
1023	Olsen	Carl	Long	01:07:31	00:20:50	00:36:16	00:10:18	00:10:25
1025	Welkenhuysen	Niek	Long	01:13:00	00:15:09	00:36:08	00:21:42	
1027	Karlsson	Annika	Long	02:07:29	00:31:52	00:59:38	00:35:58	
1029	Ahlner	Karl	Long	01:58:54		00:23:56	00:27:29	
1031	Forsberg	Kajsa	Long	01:13:41		00:02:26	00:12:46	00:12:20
1033	Alm	Christoffer	Long	00:57:51	00:18:11	00:33:51	00:05:48	
1035	Kiviniemi	Eina	Long	01:18:37	00:21:37	00:44:30	00:12:13	00:12:29
1037	Überbacher	Fredrik	Long	01:00:55	00:17:39	00:33:34	00:09:18	00:09:41
1039	Andersson	Sara	Long	01:15:06	00:20:53	00:39:49	00:14:01	00:14:23
1041	Lindén	Anna	Long	01:18:50	00:23:00	00:42:19	00:14:03	00:13:30
1043	Conradsson	Jonatan	Long	01:09:27	00:21:15	00:36:20	00:10:37	00:11:50
1045	Ekback	Johan	Long	01:02:45	-00:03:00	00:31:17	00:11:29	00:11:24
1047	Wahlsten	Göran	Long	01:16:48	00:23:44	00:39:42	00:13:13	00:13:21
1049	Oleander	Anna	Long	01:07:35	00:18:33	00:36:35	00:12:11	00:12:26
1051	Horkeby	Simon	Long	01:18:00	00:19:52	00:37:48	00:20:20	
1053	Karlberg	Stefan	Long	00:55:42	00:15:14	00:29:24	00:10:46	00:11:02
1055	Luhr	Magnus	Long	01:18:57	00:23:49	00:41:36	00:14:54	00:13:30
1057	Rådberg	Daniel	Long	01:12:25	00:19:43	00:39:37	00:12:55	00:13:04
1061	Ekelund	Jonathan	Long	01:21:34	00:11:26	00:57:53	00:12:14	
1063	Nordlund	Johan	Long	01:19:56	00:21:03	00:47:59	00:10:53	
1065	Lönnqvist	Kristina	Long	02:07:34	00:31:56	00:59:31	00:36:05	
1067	Dahl	Fredrik	Long	01:12:00	00:19:56	00:27:05	00:11:54	00:12:52
1069	Carlsson	Caroline	Long	01:33:21	00:28:15	00:25:16	00:17:09	00:23:12
1118	Jonsson	Torbjörn	Long	01:20:40	00:20:15	00:35:28	00:24:56	-0
1119	Weinfors	Alex	Long	01:07:44	00:19:04	00:36:08	00:11:51	00:12:31
1120	Flinta	Martin	Long	00:54:30	00:13:59	00:30:36	00:09:35	00:09:54
1121	Boqvist	Pia	Long	01:15:31		00:58:41	00:12:43	00:12:43
1122	Whibley	Sophia	Long	01:21:04	00:22:12	00:45:01	00:14:14	00:13:50
1123	Whibley	Peter	Long	01:17:12	00:18:05	00:35:21	00:11:04	00:10:58
1124	Kron	Arthur	Long	01:01:48	00:18:19	00:33:14	00:09:38	00:10:14
1125	Bäckström	Richard	Long	00:53:17	00:14:50	00:29:52	00:08:32	00:08:35
1126	Bohm	Michael	Long	01:10:19	00:21:19	00:37:13	00:11:07	00:11:47
1128	Säfström	Kristoffer	Long	01:05:31	00:21:33	00:33:42	00:09:54	00:10:15
1129	Ottosson	Markus	Long	01:03:49	00:14:45	00:37:08	00:11:20	00:11:55
1130	Waldejer	Alexander	Long	00:56:20	00:14:32	00:31:08	00:09:41	00:10:39
1131	Axenborg	Jacob	Long	00:20:17	00:20:17			
1132	Mattsson	Robert	Long	01:25:44	00:33:31	00:39:34	00:11:56	00:12:39
1133	Olsson	Tobias	Long	01:11:23	00:18:47	00:42:56	00:09:40	-0
1134	Lavaine	Pierre	Long	01:13:08	00:21:49	00:39:52	00:11:31	00:11:26
1135	Särka	Karin	Long	01:24:41	00:27:47	00:41:38	00:14:43	00:15:16
1136	Södling	Josefine	Long	01:06:37	00:18:34	00:35:34	00:12:25	00:12:27
1137	Flod	Jonathan	Long	00:53:22	00:14:52	00:29:26	00:08:37	00:09:03
1140	Ek	Lindakatarina	Long	01:04:15	00:17:58	00:33:52	00:12:10	00:12:25
1141	Berndtsson	Anna	Long	01:18:59	00:22:48	00:43:40	00:12:39	00:12:29
1142	Kifeldt	Markus	Long	01:07:09	00:21:40	00:34:18	00:10:29	00:11:11
1143	Bru	Thomas	Long	01:11:24	00:20:32	00:39:23	00:10:33	00:11:28
1144	Wærme	Rikard	Long	01:11:26	00:19:23	00:39:12	00:12:13	00:12:50
1145	Hackström	Stefan	Long	01:26:42	00:28:34	00:23:36	00:16:39	00:20:23
1146	Svanström	Jörgen	Long	01:13:35	00:18:07	00:44:59	00:10:29	
1147	Lidström	Robert	Long	01:08:30	00:20:51	00:35:31	00:11:54	00:12:07
1148	Löfvendahl	Odd	Long	01:16:24	00:23:41	00:39:59	00:12:37	00:12:44
1149	Brandén	Erik	Long	01:26:06		00:45:01	00:12:01	
1150	Sheppard	Robert	Long	01:09:15	00:17:49	00:39:18	00:11:28	00:12:07
1151	Olsson	Erik	Long	00:58:48	00:15:53	00:32:35	00:09:48	00:10:18
1152	Asztely	Martin	Long	01:14:22	00:22:21	00:40:04	00:11:31	00:11:56
1156	Borglund	Anders	Long	01:08:18	00:22:16	00:33:47	00:11:41	00:12:14

Tabell1

1157	Aspgård	Jerker	Long	00:59:23	00:16:00	00:33:54	00:09:26	00:09:27
1158	Barett	Christoffer	Long	01:09:55	00:22:06	00:35:41	00:11:49	00:12:07
1159	Eriksson	Kristian	Long	01:11:22	00:22:32	00:36:40	00:11:47	00:12:08
1160	Blomqvist	Johan	Long	01:06:16	00:18:53	00:36:11	00:10:40	00:11:11
1161	Bengtsson	Mattias	Long	00:59:46	00:15:47	00:33:24	00:10:08	00:10:34
1162	Bichler	Louise	Long	01:06:27	00:18:22	00:36:56	00:10:51	00:11:07
1163	Zetterlund	Johan	Long	01:05:22	00:17:29	00:36:38	00:10:17	00:03:54
1167	Andersson	Andreas	Long	01:12:21	00:23:15	00:37:19	00:11:37	00:11:46
1168	Ljungberg	Peter	Long	00:58:38	00:14:38	00:33:17	00:10:06	00:10:42
1169	Holmes	Richard	Long	01:02:38	00:19:41	00:32:27	00:09:46	00:10:29
1170	Norberg	Sebastian	Long	00:51:04	00:13:17	00:28:55	00:09:01	00:08:52
1171	Bäckson	Fredrik	Long	00:51:41	00:12:49	00:29:34	00:09:12	00:09:17
1172	Ekstrand	Magnus	Long	01:04:06	00:18:42	00:34:46	00:10:25	00:10:36
1177	Rosencrantz	Axel	Long	01:09:05	00:13:55	00:34:22	00:20:48	
1178	Larsson	Rickard	Long	00:47:58	00:17:07	00:19:47	00:11:02	
1179	Wikner	Henrik	Long	01:23:04	00:23:20	00:47:43	00:12:10	00:12:00
1180	Hilmersson	Göran	Long	00:58:26	00:15:19	00:32:41	00:09:53	00:10:25
1181	Lüppert	Mattias	Long	01:08:32	00:18:49	00:34:26	00:15:17	-0
1182	Hällinder	Axel	Long	01:25:29	00:26:31	00:43:06	00:15:46	00:15:50
1183	Manceau	Caroline jerome	Long	01:07:02	00:15:38	00:42:12	-0	00:09:11
1185	Roos	Martin	Long	01:21:08	00:23:36	00:44:33	00:12:54	00:12:58
1186	Persson	Mattias	Long	01:06:59	00:17:19	00:38:15	00:10:46	00:11:24
1187	Forsberg	Jonathan	Long	00:44:54	00:07:27	00:23:49	00:13:36	
1188	Forsberg	My	Long	01:02:06	00:16:35	00:34:48	00:10:13	00:10:42
1189	Svensson	Martin	Long	01:10:16	00:21:57	00:36:36	00:11:53	00:11:42
1190	Johannesson	Petra	Long	01:25:40	00:25:19	00:44:21	00:15:50	00:15:59
1191	Asplund	Peter	Long					
1192	Claesson	Albin	Long	01:02:28		00:10:41	00:10:00	00:10:15
1193	Zimmerman	Christian	Long	01:17:56		00:42:38	00:22:48	-0
1194	Ladeborn	Filip	Long	00:57:25	00:14:28	00:32:12	00:10:02	00:10:43
1195	Petren	Lars	Long	01:09:18	00:21:35	00:35:35	00:12:04	00:12:07
1196	Agholme	Lotta	Long	01:17:31	00:22:19	00:40:00	00:14:43	00:15:11
1197	Galianis	Frieda	Long					
1198	Lönnqvist	Ewa	Long					
1012	Andersson	Hanna	Short	00:48:08	00:09:18	00:25:05	00:13:44	
1014	Vikinge	Zuzana	Short	00:44:20	00:08:07	00:22:52	00:13:20	
1015	KARLSSON	Ebba	Short	01:10:07	00:10:39	00:45:17	00:14:47	00:14:10
1019	Uddfolk	Roger	Short	00:49:29	00:11:39	00:11:46	00:14:49	
1127	Olsson	Lisa	Short	00:44:38	00:08:01	00:22:38	00:13:59	
1138	Ek	Oscar	Short	00:44:23	00:07:19	00:22:38	00:14:26	
1139	Mattsdotter	Iselin	Short	00:44:16	00:07:21	00:22:34	00:14:20	
1153	Sillberg	Peter	Short	00:47:56	00:09:45	00:23:35	00:14:35	
1154	Sillberg	Arvid	Short	00:47:51	00:09:42	00:23:35	00:14:32	
1155	Jansen	Gerreke	Short	00:48:17	00:08:02		00:40:15	
1059	Ekelund	Philip	Short	00:47:18	00:11:28	00:26:33	00:09:15	
1164	Heijel	Sören	Short	00:49:06		00:14:28	00:15:57	
1165	Örn Heijel	Linda	Short	00:46:34	00:08:27	00:24:39	00:13:27	
1173	Lemurell	Malin	Short	01:01:33	00:14:39	00:32:45	00:14:08	
1174	Lemurell	Isak	Short	01:01:19	00:14:49	00:32:42	00:13:47	
1175	Svanberg	Per	Short	00:42:44	00:08:14	00:21:49	00:12:40	
1176	Rosencrantz	Jenny	Short	00:52:05	00:08:11	00:25:37	00:18:17	
1184	Andersson	Ingela	Short	00:43:02	00:08:47	00:20:08	00:14:06	
1199	Lindström	Richard	Short	00:41:45	00:09:33	00:20:16	00:11:55	
1200	Lindström	Emilia	Short	00:43:42	00:08:44	00:21:43	00:13:14	
1117				01:01:46		00:18:04		
10519				01:11:05		00:09:18		