

Råda ProvaPå -triathlon, 20160627

nummer	efternamn	förnamn	bana	totaltid	cykel ut (simning +T1)	cykel in	tid cykling	tid löpning
601	Brankell	Richard	Long	01:09:03	00:16:19	00:46:27	00:30:07	00:22:36
603	Ericson	Ann-Catherine	Long	01:26:49	00:19:17	00:56:54	00:37:37	00:29:55
604	Brandén	Erik	Long	01:24:02	00:24:36	00:57:54	00:33:18	00:26:08
606	Kimming	Stefan	Long	00:49:37	-	00:49:37	-	-
607	Zetterlund	Johan	Long	01:10:43	00:18:06	-	-	00:52:37
608	Davidsson	Peter	Long	01:18:41	00:21:29	00:54:58	00:33:28	00:23:43
609	Lein	Thord	Long	01:22:13	00:20:02	00:54:26	00:34:23	00:27:47
610	Axelsson	Martin	Long	01:26:54	-	01:01:17	00:39:03	00:25:36
612	Wallenius	Ville	Long	01:11:04	00:17:17	-	-	00:53:46
613	Wallenius	Kristina	Long	01:25:45	00:23:00	00:59:30	00:36:30	00:26:14
617	Månesjö	Rickard	Long	01:15:57	00:21:32	00:55:20	00:33:48	00:20:36
618	Carlsson	Mirella	Long	01:09:08	00:16:58	00:47:08	00:30:10	00:22:00
619	FORSSMARK	Dennis	Long	01:28:31	00:21:51	00:56:19	00:34:27	00:32:12
620	Knape	Nicklas	Long	01:32:10	00:23:20	00:59:58	00:36:38	00:32:12
621	Svensson	Daniel	Long	01:10:52	00:16:49	-	-	00:54:02
624	Aaraj	Sami	Long	00:47:54	-	00:47:54	-	-
625	Hedebäck	Jonas	Long	00:18:01	00:18:01	-	-	-
626	Johansson	Robert	Long	01:18:37	00:19:31	00:52:17	00:32:46	00:26:20
627	Aziz	Rami	Long	01:13:58	-	-	-	00:55:20
628	Tuveson	Jonas	Long	01:31:18	00:27:49	01:01:49	00:34:00	00:29:28
629	Niemi	Staffan	Long	01:16:58	-	00:51:55	-	00:25:03
630	Hasselöf	Nisse	Long	01:26:34	00:22:50	00:59:25	00:30:48	00:27:09
631	Gustafsson	Erik	Long	01:08:47	00:18:10	00:47:16	00:29:05	00:21:31
632	Sunde	Carl	Long	01:12:12	00:18:04	00:49:07	00:31:03	00:23:05
633	Sunde	Malin	Long	01:29:11	00:21:44	01:00:03	00:38:19	00:29:07
634	Segerström	Daniel	Long	00:38:15	00:17:27	00:38:15	00:20:47	-
636	Svenungsson	Erika	Long	01:27:02	00:21:36	01:01:04	00:39:28	00:25:57
638	Berg	Eva	Long	01:27:11	00:23:13	00:57:59	00:34:45	00:29:12
639	Blomqvist	Johan	Long	01:16:15	00:21:01	-	-	00:55:13
641	Lundh	Anders	Long	01:17:17	-	00:49:43	-	00:27:34
642	Blomqvist	Mikael	Long	01:17:37	00:20:40	-	-	00:56:57
643	Nyman	Magnus	Long	01:11:33	00:13:24	-	-	00:58:09
644	Rådberg	Daniel	Long	01:23:34	-	00:55:52	00:44:18	00:27:42
645	Josefsson	Henrik	Long	01:20:56	00:24:48	00:56:36	00:31:48	00:24:19
646	Luhr	Magnus	Long	01:28:00	-	00:59:15	00:38:18	00:28:45
647	Magnusson	Carl Johan	Long	00:49:09	00:19:05	00:49:09	00:30:04	-
648	Amneskog	Tomas	Long	01:22:16	-	00:57:17	-	00:24:58
649	Hammarling	Maria	Long	01:15:59	-	00:51:48	-	00:24:10
650	Blomqvist	Maria	Long	01:14:38	00:16:14	-	-	00:58:24
651	Kossenjans	Michael	Long	01:16:47	00:20:09	00:52:08	00:31:59	00:24:39
652	Flod	Jonathan	Long	01:04:02	00:16:22	00:44:08	00:27:45	00:19:54
653	Södling	Josefine	Long	01:24:07	00:18:57	-	-	01:05:09
654	Hägerstrand	Mattias	Long	01:13:21	00:20:04	00:49:22	00:29:17	00:23:59
655	Enstedt	Ida	Long	01:24:10	-	00:59:18	-	00:24:52
656	Petersson	Mathias	Long	01:24:08	00:21:21	00:56:22	00:35:01	00:27:46
657	Lindblad	Henrik	Long	01:22:22	00:20:55	-	-	01:01:27
658	Jansson	Sara	Long	01:18:34	00:25:20	01:01:41	00:36:21	00:16:52
660	Lihnell	Markus	Long	01:05:01	00:16:30	00:44:10	00:27:40	00:20:50
661	Olsson	Niklas	Long	01:14:54	-	00:52:48	-	00:22:06
662	Gustavsson	Christer	Long	01:16:13	00:21:48	-	-	00:54:25
663	Melin	Martin	Long	01:06:49	00:18:48	00:46:47	00:27:58	00:20:02
664	Hjelmåker	Jakob	Long	01:09:32	-	00:46:53	-	00:22:38
665	Hedfors	Markus	Long	01:05:22	00:16:27	00:45:23	00:28:56	00:19:58
666	Kalmner	Johan	Long	01:11:38	-	00:47:24	-	00:24:13
668	Karlberg	Stefan	Long	01:03:17	00:16:05	-	-	00:47:11
669	Wahlberg	Sara	Long	01:31:15	00:22:23	01:00:36	00:38:13	00:30:38
670	Söderström	Karin	Long	01:17:59	00:20:34	00:52:57	00:32:23	00:25:01
671	Hederstedt	Per	Long	01:14:40	00:18:41	00:52:54	00:34:12	00:21:46
672	Edvardsson	Kenneth	Long	01:17:09	00:19:43	00:52:45	00:33:01	00:24:24
674	Engerberg	Katarina	Long	01:17:28	00:18:19	00:50:40	00:32:20	00:26:48
675	Svantesson	Joakim	Long	01:20:32	00:20:59	00:55:01	00:34:02	00:25:31
676	Fingal	Joel	Long	01:28:17	-	00:59:55	-	00:28:22
689	Rogö	Fredrik	Long	01:20:07	00:22:36	00:54:31	00:31:55	00:25:35
692	Kohlin	Daniel	Long	01:21:36	00:24:54	01:02:00	00:37:05	00:19:36
727	Bäckson	Fredrik	Long	00:59:03	00:13:28	00:39:31	00:26:03	00:19:31
729	Edh	Pelle	Long	01:08:56	-	-	-	00:09:53
730	Kron	Arthur	Long	01:07:13	-	00:46:42	-	00:20:31
732	Le Dous	Anders	Long	01:13:25	00:17:02	00:47:33	00:30:31	00:25:52
733	Frånlund	Magnus A	Long	01:15:42	00:20:36	00:50:59	00:30:22	00:24:43
734	Waerme	Rikard	Long	01:23:55	-	00:56:34	-	00:27:21
735	Williams	Jonny	Long	01:07:46	00:16:16	00:44:38	00:28:21	00:23:07
736	Jönsson	Oskar	Long	01:17:20	00:23:09	00:54:42	00:31:33	00:22:38
737	Asmoarp	Sara	Long	00:28:55	00:28:55	-	-	-
738	Fernholm	Erik	Long	01:13:10	00:17:04	00:47:59	00:30:55	00:25:11
739	Nordentjell	David	Long	01:09:20	-	00:47:12	00:34:01	00:22:08
740	Andreasson	Fredrik	Long	01:05:12	00:16:08	00:44:23	00:28:14	00:20:48
741	Norbebo	Daniel	Long	00:23:51	00:15:01	00:23:51	00:08:49	-
742	Agholme	Fredrik	Long	01:17:34	00:21:04	00:53:17	00:31:51	00:24:17
743	Young	Adriel	Long	01:02:17	-	00:42:10	-	00:20:07
744	Boucher	Jeremie	Long	01:17:40	00:21:09	00:51:37	00:30:27	00:26:03
745	Mualem	Eyal	Long	01:28:58	00:22:27	00:59:00	00:36:33	00:29:58
746	Stålnacke	Martin	Long	01:19:44	00:22:16	00:53:12	00:30:56	00:26:32
747	Nelsen	Tomas	Long	01:19:19	00:15:19	00:56:44	00:41:25	00:22:34

748	Welkenhuysen	Niek	Long	01:06:42	00:15:37	00:46:09	00:30:31	00:20:33
749	Rose	Oscar	Long	00:43:05	00:15:54	00:43:05	00:25:11	-
750	Olsson	Johan	Long	01:11:11	00:17:46	-	-	00:53:25
751	Söderlind	Emma	Long	01:34:01	-	01:01:35	-	00:32:26
752	Axenborg	Jacob	Long	01:09:26	00:19:20	-	-	00:50:05
753	Berndtsson	Isak	Long	01:50:18	-	01:20:29	-	00:29:49
754	Berndtsson	Anders	Long					
755	Berndtsson	Jona	Long	01:47:43	-	01:13:15	-	00:34:27
756	Ö	Gabriel	Long	01:01:59	00:17:10	00:43:35	00:26:24	00:18:23
757	Lundqvist	Henrik	Long	01:04:58	00:16:01	00:44:03	00:28:02	00:20:55
759	Gelotte	Torbjörn	Long	01:12:04	00:17:25	00:48:30	00:31:05	00:23:33
761	Rönnberg	Sara	Long	01:20:22	00:22:34	00:53:49	00:31:15	00:26:33
762	Sjölander	Anna	Long	01:30:27	00:23:50	01:00:28	00:36:38	00:29:58
764	Liljenberg	Mattias	Long	01:09:58	00:19:25	00:48:04	00:28:38	00:21:54
765	Jonson	Mattias	Long	01:10:48	-	00:50:09	-	00:20:39
766	Hellqvist	Jonas	Long	01:07:11	00:17:52	00:46:15	00:28:22	00:20:55
768	Ahlqvist	Erik	Long	01:12:06	00:16:55	00:48:07	00:29:59	00:23:59
771	Sandqvist	Peter	Long	01:13:35	-	00:51:17	00:00:31	00:22:17
773	RINGDAHL	DANIEL	Long	01:21:52	00:22:56	00:57:34	00:34:37	00:24:18
774	Johansson	Lukas	Long	00:20:32	00:20:32	-	-	-
776	Da Silva	Melina	Long	01:18:53	-	00:54:51	-	00:24:01
777	Westbom	Pär-Anton	Long	01:13:48	00:17:55	-	-	00:55:52
778	Orhaug	Sofia	Long	01:26:17	00:24:20	00:57:51	00:33:31	00:28:25
779	Tönnäng	Lenny	Long	01:15:34	00:19:22	00:50:37	00:31:14	00:24:57
780	GALIANIS	Frieda	Long	00:48:45	00:12:16	00:34:44	00:22:28	00:14:01
781	Kjellberg	Jan-Åke	Long	01:10:30	00:17:50	00:46:58	00:29:08	00:23:31
783	Forsman	Fredrik	Long	01:12:59	00:18:52	-	-	00:54:06
785	Olsson	Mathias	Long	01:10:33	-	-	-	00:18:50
786	Möller	Emilia	Long	01:13:02	-	00:48:40	-	00:24:22
787	Lindman	Gustaf	Long	01:18:13	00:19:10	-	-	00:59:02
788	Engstrand	Kristina	Long	01:09:01	00:16:46	00:46:04	00:29:17	00:22:57
789	Manceau	Jerome	Long	01:03:28	-	00:43:51	-	00:19:37
794	Wättring	Oscar	Long	01:19:52	00:22:12	00:53:53	00:31:40	00:25:59
795	Krumkühler	Kornelia	Long	01:35:52	00:26:20	01:05:57	00:39:37	00:29:54
796	Carlberg	Yvonne	Long	01:23:27	00:24:25	00:58:34	00:34:09	00:24:52
797	Genchel	Niklas	Long	01:12:15	00:18:37	00:49:54	00:31:17	00:22:21
798	Dahl	Fredrik	Long	01:17:25	00:20:52	00:52:22	00:31:30	00:25:02
799	Wallin	Daniel	Long	01:24:04	00:20:27	00:53:56	00:33:28	00:30:08
800	Wessing	Lars	Long	01:19:35	00:21:12	00:51:29	00:30:17	00:28:06
602	Bergsaker	Agnethe	Short	00:35:43	00:06:55	00:35:49	00:00:05	00:28:48
611	Croona	Gill	Short	01:05:26	00:16:00	00:41:30	00:25:30	00:23:55
614	Skog	Linda	Short	00:46:25	00:12:24	00:31:12	00:18:48	00:15:12
615	THELIN	CECILIA	Short	00:46:30	00:10:31	00:30:15	00:19:44	00:16:14
622	Persson	Tove	Short	00:48:23	00:11:01	00:33:46	00:22:45	00:14:37
623	Asp	Agnes	Short	00:47:26	-	00:31:23	-	00:16:02
635	Hallberg	Fredrik	Short	00:40:54	00:10:16	00:26:00	00:15:44	00:14:53
637	Bohrarper	Pär	Short	00:45:55	00:10:55	00:29:39	00:18:44	00:16:16
640	Andersson	Malin	Short	00:47:06	00:09:31	00:30:47	00:21:16	00:16:18
659	Björkholtz	Cecilia	Short	00:57:13	00:14:58	00:38:57	00:23:59	00:18:16
667	Hansson	Lena	Short	00:45:26	00:10:09	00:29:02	00:18:52	00:16:24
673	Heiwall	Emma	Short	00:44:34	00:09:11	00:29:18	00:19:34	00:15:16
688	Nordblom	Lena	Short	00:45:39	00:10:35	00:29:35	00:18:59	00:16:04
690	Hailemariam	Milijon	Short	00:43:41	00:09:28	00:31:17	00:21:49	00:12:23
691	Garsen	Mikael	Short	00:36:45	00:06:44	-	-	00:30:01
726	Asplund	Peter	Short	00:37:37	00:07:05	-	-	00:30:31
758	Karlund	Ellinor	Short	01:04:32	00:13:52	00:39:41	00:25:48	00:24:51
760	Sjölander	Sara	Short	00:49:11	00:10:33	00:31:39	00:21:06	00:17:31
767	Conradsson	Johanna	Short	00:47:53	00:11:38	-	-	00:36:15
769	Johannesson	Petra	Short	00:48:20	00:11:24	00:30:26	00:19:01	00:17:54
770	Tiger	Casper	Short	00:50:46	-	00:32:38	-	00:18:07
772	Petrini	Anna	Short	00:41:54	-	00:41:54	-	-
775	Modigh	Nicole	Short	00:35:38	00:05:34	00:22:50	00:17:16	00:12:48
782	Cullbrand	Anders	Short	00:46:14	-	00:26:25	-	00:19:49
784	Hugosson	Mats	Short	00:51:43	00:11:49	00:33:01	00:21:11	00:18:41
790	Börjesson	Hanna	Short	00:50:13	00:11:40	00:30:34	00:18:54	00:19:39
791	Runhage	Linnéa	Short	00:49:15	00:11:31	00:30:54	00:19:23	00:18:21
793	Malmkvist	Jörgen	Short	00:42:04	-	00:25:27	-	00:16:36